STARTERS & SALADS

SOUP OF THE DAY Served with homemade brown soda bread - gluten free 26.00 (wheat) 12

CREAMY HERITAGE SEAFOOD CHOWDER Served with homemade treacle brown

Served with homemade treacle brown bread - gluten free 26910 (wheat) ⁽¹⁾

CRISPY CHICKEN WINGS Hot sauce, soya, sesame, coriander & lime Garlic & herb dip & celery - gluten free @@@@@

BURRATA SUPER FOOD SALAD Toasted grains, radish, cherry tomato, vegetable crisps, chickpea, organic leaves, honey dressing - gluten free

SHARING PLATTER OF LOCAL ARTISAN PRODUCTS Chicken liver parfait, cured pork, salami, Brie, sourdough toast, red pepper chutney,

Relamata olives

Garlic croutons, crispy bacon, parmesan cheese, house dressing 2690 (wheat)

MAINS & SIGNATURE SANDWICHES

THE HERITAGE CLUB SANDWICH ON SOURDOUGH

Chicken, bacon, egg mayonnaise, lettuce, tomato, rustic fries @@@@ (wheat)

7 OZ STEAK SANDWICH

Toasted ciabatta, organic salad, red onion marmalade, crispy baby gem, rustic fries 2619 (wheat)

BLACK BEAN & SWEET POTATO BURGER

Tomato, chilli & coriander jam, brioche bun @@@@ (wheat)

80Z IRISH STEAK BURGER Smoked bacon, red onion marmalade. mature white cheddar, brioche, rustic fries 260 (wheat) HUNTERS ALE BATTERED COD €8 Mushy peas, tartar sauce, rustic fries 26910 (wheat) **BRAISED BEEF, SAUCE** BOURGUIGNON Root vegetables, creamed potatoes, €10 port wine & thyme 260 (wheat) RINGS FARM CHICKEN, LEEK & GARRHINCH MUSHROOM PIE €10 Garden salad, rustic fries 2611 DUBLIN BAY PRAWN & SMOKED SALMON, €16 TREACLE BROWN BREAD **GOURMET SANDWICH** Marie rose, baby gem, heritage tomato, gherkin, Trout caviar, rustic fries 2346911 €19

€18

€19

€18

€18

€18

€8

TO FINISH

€16 WHITE CHOCOLATE & EXOTIC FRUIT CHEESECAKE €8 Raspberry Chantilly ©®®

> SET VANILLA CREAM Seasonal berries, crushed meringue

> VALRHONA CHOCOLATE MOUSSE Chocolate crumb, chocolate tuile & sweet cream

WARM RHUBARB & RASPBERRY CRUMBLE Crème anglaise, vanilla ice cream

€15 260

SELECTION OF VANILLA, SALTED CARAMEL & CHOCOLATE ICE CREAM €8 Caramel sauce ©®® (wheat)

€17





Please inform us of any allergies, as our produce may contain some of the following: ① Peanuts ② Dairy ③ Shellfish ④ Sulphites ⑤ Tree Nuts ⑥ Eggs ⑦ Soy ⑧ Sesame ⑨ Fish ⑩ Gluten ⑪ Mustard ⑫ Celery ⑬ Molluscs ⑭ Lupin If you have any specific dietary requirements please inform a member of the restaurant team and we will assist you in any way possible.

HERITAGE TEAS & COFFEES

TEA / DECAF TEA	€3.95
HERBAL TEAS	€3.95
ESPRESSO	€3.95
DOUBLE ESPRESSO	€4.95
AMERICANO	€3.95
CAPPUCCINO	€3.95
LATTE	€3.95
МОСНА	€3.95
CALYPSO COFFEE	€9.00
IRISH COFFEE	€9.00
BAILEYS COFFEE	€9.00

Laois was part of the Kingdom of Ossory until the 12th century. During that time, the county was divided into seven parts, ruled by the Seven Septs of Laois. The Seven Septs protected and defended Laois for generations, playing a central role in our county's rich heritage. Seven was created in their honour.







O'DEVOY

O'DowLey

O'DORAN



O'LALOR









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