

D N E M

**GRILLED BACON & FRIED
EGG TOASTED SOURDOUGH** €9
②⑥⑩ (wheat)

GOURMET SAUSAGE ROLL €7
With tomato & red pepper relish
②⑥⑩ (wheat)

**SMASHED AVOCADO &
POACHED EGGS ON TOASTED
BROWN SODA BREAD** €10
②⑥⑩ (wheat)

HERITAGE EGGS BENEDICT €10
Toasted muffin, Laois crispy bacon, free range
poached eggs, spring onion hollandaise,
watercress salad
②⑥⑩ (wheat)

FREE RANGE OMELETTE €12
Garryhinch Organic mushrooms, rocket,
roasted red pepper, toasted sunflower seeds,
treacle brown bread
②⑥⑩ (wheat)

PANCAKE STACK €9
Blueberry, maple syrup
②⑥⑩ (wheat)

HOMEMADE FRUIT SCONE €5
Clotted cream, G's jam
②⑥⑩ (wheat)

SEVEN
MORNING
MENU AT

THE
HERITAGE


SERVED 9AM-12PM

Please inform us of any allergies, as our produce may contain some of the following: ① Peanuts ② Dairy ③ Shellfish ④ Sulphites ⑤ Tree Nuts ⑥ Eggs ⑦ Soy ⑧ Sesame ⑨ Fish ⑩ Gluten ⑪ Mustard ⑫ Celery ⑬ Molluscs ⑭ Lupin

If you have any specific dietary requirements please inform a member of the restaurant team and we will assist you in any way possible.

MENU

HERITAGE TEAS & COFFEES

TEA / DECAF TEA	€3.50
HERBAL TEAS	€3.95
ESPRESSO	€3.95
DOUBLE ESPRESSO	€4.95
AMERICANO	€3.95
CAPPUCCINO	€3.95
LATTE	€3.95
MOCHA	€3.95
CALYPSO COFFEE	€9.00
IRISH COFFEE	€9.00
BAILEYS COFFEE	€9.00

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